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## Why Spring is the Perfect Time to Inspect Your Roof

Although there is no "wrong" time to inspect your roof, spring is the ideal season for the task. Homeowners can take stock of any winter damage and prepare their roof for the summer. Regular maintenance can help extend the life of a roof and prevent costly repairs in the long run.

### General Inspection:

Look for any signs of damage or wear and tear. Check for loose or missing shingles, damaged flashing, and any debris that may have accumulated on the roof.

### Clean Gutters and Downspouts:

Remove any debris, leaves, or branches from gutters and downspouts. This will ensure proper water drainage and prevent water damage to your roof and home.

### Trim Overhanging Branches:

Trim back any tree branches that are overhanging your roof. This helps prevent damage from falling limbs and reduces the risk of moss and algae growth on the roof.

### Check for Moss and Algae:

If you notice any moss or algae on your roof, clean it off right away. Moss and algae can trap moisture and potentially damage your roof over time.

### Examine Flashing:

Check the flashing around chimneys, vents, and skylights. Make sure it's intact and in good condition. Damaged flashing can lead to leaks.

### Inspect Attic and Ceiling:

Check the attic for signs of water leaks, such as water stains, mold, or mildew. Ensure that there is adequate ventilation to prevent moisture buildup.

### Look for Signs of Pests:

Inspect your roof and attic for signs of pests, such as rodents or insects. Address any infestations promptly to prevent damage.

### Check Seals and Caulking:

Inspect the seals and caulking around vents, chimneys, and other roof penetrations. Replace any damaged or deteriorating seals to maintain a watertight seal.

### Schedule Professional Inspection:

Consider hiring a professional roofing contractor to perform a thorough inspection. They can identify potential issues that may not be visible to the untrained eye.

### Consider Roof Coating:

Depending on your roof type, consider applying a protective roof coating. This can help extend the life of your roof by providing an additional layer of defense against the elements.

Remember that safety is a top priority when performing any maintenance on your roof. If you're not comfortable or confident in your ability to inspect or address issues, it's best to hire a professional roofing contractor.

## April Calendar

April 1 - April Fool's Day

April 7 - World Health Day

April 18 - Tax Day

April 22 - Earth Day

April 26 - Arbor Day

## Homeowner Tips



### Your Fridge's Optimal Temp

According to the Food and Drug Administration (FDA), you should keep your refrigerator at or below 40 degrees and your freezer at 0 degrees Fahrenheit. The FDA recommends you check the temperature periodically. Newer refrigerator and freezer models come with electronic temperature readings. It's wise to use an appliance thermometer as well to check against data from your refrigerator's computer.

## Branch Out and Celebrate Arbor Day in a Different Way

Arbor Day is about more than just planting a tree, although that's the perfect way to celebrate. Here are a few ways to celebrate that you may not have considered:

**Take a Hike:** Organize a nature walk or hike to appreciate the beauty of existing trees in local parks or natural areas. Educate participants about the different tree species and their ecological roles.

**Volunteer for Trash Cleanup:** Participate in or organize a local environmental cleanup. Removing litter and debris from natural areas helps create a healthier environment for

existing trees and promotes a cleaner community.

**Discover Your Inner Nature Artist:** Encourage creativity by organizing art projects related to trees. This could include painting, drawing, or even making sculptures. Display the artwork in a local gallery or community space.

**Teach Care Tips:** Do you know and love trees? Teach others about proper tree care techniques, including watering, pruning, and protecting young trees. Understanding how to care for trees is crucial for their long-term health and survival, and is a great way to get kids involved in basic tree care.



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## Crustless Quiche for an Easy Weeknight Dinner

As delicious as the classic quiche, but super fast and easy to make.

### Ingredients

- 6 large eggs
- ½ cup unsweetened almond milk, or 2% or whole milk
- ½ teaspoon sea salt, plus more to taste
- Freshly ground black pepper
- 1 tablespoon extra-virgin olive oil, plus more for the pie dish
- 2 shallots, thinly sliced (⅔ cup)
- 3 cups small broccoli florets, 6 ounces
- ¼ cup water
- 1 cup grated Gruyere cheese, 2 ounces

- 1 tablespoon fresh thyme leaves or chopped fresh chives

### Instructions

Preheat the oven to 350°F and grease a 9-inch pie dish.

In a large bowl, whisk together the eggs, milk, salt, and several grinds of pepper.

Heat the olive oil in a large skillet over medium heat. Add the shallots and a pinch of salt and cook, stirring occasionally, for 4 to 5 minutes, or until softened. Add the broccoli and water and cook, stirring, for 4 minutes, or until the water has evaporated and the broccoli is bright green and has just lost its raw bite.

Transfer the vegetables to the prepared pie dish and spread in an even layer. Sprinkle the cheese evenly on top. Pour in the egg mixture and gently shake the pan to distribute. Sprinkle with the thyme and bake for 30 to 40 minutes, or until the eggs are set.



*Photo & recipe courtesy of: [LoveAndLemons.com](http://LoveAndLemons.com)*